

ACADEMY OF MOVEMENT LTD

2023 - 2024



UNIQUE CLASSES IN:  
CIRCUS | GYMNASTICS | DANCE

[WWW.ACADEMYOFMOVEMENT.CO.UK](http://WWW.ACADEMYOFMOVEMENT.CO.UK)

# INTRODUCTION

## ACADEMY OF MOVEMENT

### Welcome,

We are delighted to welcome you to Academy Of Movement, its an exciting time when a child joins a new club, we look forward to beginning this journey with you and we can't wait for you and your child to experience all that we offer at the Academy. This handy little handbook will tell you all you need to know about our classes, rules, showcases, uniform and much more. Of course if you have any questions please do not hesitate to ask.

### Our Vision,

Our vision is simple, we want to get people of all ages moving in new, unique and exciting ways.

You are now part of the Academy Of Movement community, our experienced and qualified staff are dedicated to go above and beyond to make each student feel at ease, encouraged and provide the best training within Circus, Gymnastics and Dance.

‘Let’s get everybody moving!’

Affiliated with:



Prince's Trust



Children's Activities  
Association

✓ Giving Parents Peace of Mind

ACROBATIC  
CREATING THE WORLD'S MOST  
TRUSTED ACRO PROGRAMS  
ARTS



AERIAL FITNESS  
INSTRUCTOR TRAINING

# CONTENTS:

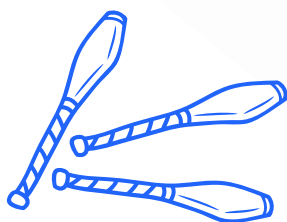


Our Classes	4-9
Locations, Term dates Timetable	9-15
Financials & Membership	16-17
Learning at home / Apps	18
Uniform / Shop	19-21
Year Plan	22-23
Student Rules	24-25
Young Leaders	26
Staff	27-28
Terms and Conditions	29-30
How to Contact Us	31

# OUR CLASSES

## ACADEMY OF MOVEMENT

### CIRCUS



Roll up! Roll up! Our Circus class offers a wide range of different Circus activities all in one fun, jam packed class.

Learn the foundations of different skills from aerial hoop & slings to acrobatics on our giant inflatable air track, before finishing up with a hands on Circus skill such as plate spinning, diablo, juggling, tightrope walking and much more.

At Academy Of Movement, children will improve their movement, balance and hand-eye coordination, whilst encouraging friendships and boosting self- esteem. You will see their physical, social and expressive development soar.

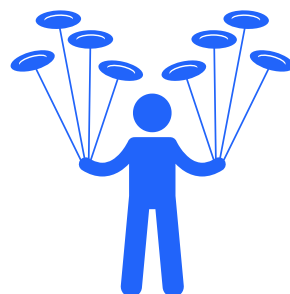
## GROUND BASED CIRCUS

### (NO AERIAL OR ACROBATICS)

All of our hands on circus skills, juggling, poi, diablo, flower sticks, plate spinning plus stilt walking, unicycle, tightrope walking, globe walking, rolla bola, and much more!

This class is suitable for children looking to take their Circus Skills further or learn new ones. We break each class down into 2/3 skills and always include one large skill within the class e.g. stilt walking.

If you want to learn some incredibly cool tricks, then this is the class for you!







# ACROBATICS

This class is designed specifically for children to learn gymnastics and acrobatic skills. Unlike traditional gymnastics club, we aim to offer students the opportunity to perform in displays, showcases and bring their skills to life.

We will be working on tumbling and trampette within the class as well as lots of other gymnastics skills such as acrobalance, hand balance and various tricks! Roll up, roll up and become an acrobat!



# ACRO DANCE

Our Acro Dance class provides a fusion of dance styles, acrobatic elements and gymnastics on our inflatable Air-track. Acro technique includes balancing, limbering, tumbling, flexibility, contortion and strength.

In these classes, children will improve their strength and flexibility, learn proper technique and style. The lines and extension of acrobatic movements within a dance element, will be built upon in the right progression for each child and their ability. Producing dancers and acrobats that can blend tricks and dance with musicality and emotional expression

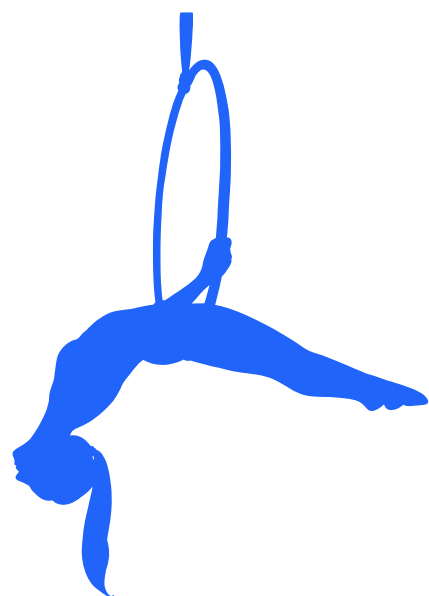
Our Acro Dance classes follow the below syllabus:



# AERIAL HOOP

Aerial Hoop is large round metal ring suspended from a rig that involves sitting, standing and hanging in all kinds of elegant and wonderful positions. Our aerial hoop classes are a great physical and mental challenge, each class will build strength and flexibility, classes will also increase confidence all whilst having fun.

Each class starts with a warm up and conditioning / strength exercises, followed by learning tricks, poses and combinations.



# AERIAL SLINGS

Aerial Slings are large loops of silks hung in a hammock shape. This class is a great way to start on aerial fabric, the slings provide excellent support whilst focusing on learning different ways to mount the sling, the positions, wraps and drops. Like all aerial fitness this class will increase strength and flexibility whilst improving posture and stability.

**WE RECOMMEND AT LEAST ONE TERM ON SLINGS BEFORE YOU MOVE ON TO SILKS**



# AERIAL SILKS

Aerial Silks involves two pieces of fabric hung from the rig. Our silks classes are a great add on to slings, aerial silks are seen as one of the most challenging aerial art forms.

Each class will have your child learning to climb and manoeuvre around the silks, learning tricks, poses, transitions and eventually even jaw dropping drops!



# TOTS CLASSES

## CIRCUS TOTS



The perfect introduction to all things Circus. Each week we will be playing Circus games as well as introducing your little ones to an exciting Circus skill. Throughout the term, we will be looking at the first steps towards aerial hoop, aerial slings, acrobatics and hands on Circus equipment such as juggling scarves, spinning poi and diablo. At Academy Of Movement, children will reinforce fine and gross motor skills, improve hand- eye coordination, boost self esteem and social skills as well to instil enthusiasm in the learning process.

Our classes provide a fun gateway into physical education, we keep our Circus Tots class under an hour as this class is without parents its seen as a fantastic way of getting children ready for the next big step into full classes with us.

## ACRO TOTS



Acro tots is a great introduction to the acrobatic arts for pre schoolers.

These classes will be looking at the basics of limbering, dance steps, flexibility, balance and tumbling all in a supportive and safe environment.

Incorporating music, imaginary play, fun and games the magic is in the repetition, you will see their improvement in no time preparing them for the next levels of Acrobatic Arts.

## PARENT & CIRCUS TOTS

Introduce your little ones to the magical world of Circus. Each week we will be playing Circus games, as well as introducing your little ones to an exciting Circus skill, through story telling, songs and lots of fun. With plenty of physical activities, including gymnastics, hanging from aerial equipment and hands on Circus skills. This is a structured class for both Parent and Child lead by an Instructor.



# SQUAD CLASSES

Our squad classes are invitation only classes, and these are seen as an additional class to the class your child already attends. Within these classes we look at more complex routines and advanced skills specifically for shows and showcases in house and away at events.

We expect children in our squad classes to be in uniform, have fantastic attendance and a 'work hard' mentality.



## MULTI-CLASS DISCOUNT

**5% OFF if you attend 2 classes**

**8% OFF if you attend 3 classes**

**10% OFF if you attend 4 classes**

**12% OFF if you attend 5 classes**

**15% OFF if you attend 6+ classes**



# ADULT CLASSES

Possibly the most unique and fun way to keep fit!  
We currently offer:

**ADULT AERIAL HOOP**

**ADULT AERIAL SILKS**

For class times see our timetable on page 9.

Our Adult classes are a great way to learn the basics of aerial hoop, silks or acrobatics, it's a brilliant way to build strength, keep fit and learn new skills

In each 6-7 week block, you will learn a variety of poses, moves and balances, progressing towards a combinations of moves, that will in some classes eventually be put to music in a routine.

Each class will involve a warm up, conditioning, tricks, skills and moves and finishing up with a cooldown and stretch.

Our classes are suitable for all abilities, its all about fun and fitness in an inclusive and encouraging environment.

All classes can be booked online at:  
[www.academyofmovement.co.uk](http://www.academyofmovement.co.uk)

# CLASS LOCATIONS

## NEW GREEN CENTRE

THURSTON, BURY ST EDMUNDS, IP31 3TG

We run our classes in the large sports hall of the New Green Centre.

Please enter through the main double doors located at the front of the building. For pick up please use the side gate to the side of the building, this will take you to the park area and our door for students to exit.

## THE NEW BURY COMMUNITY CENTRE

1 CHARLES PLACE, BURY ST EDMUNDS, IP32 6TD

We run our classes in the large main hall and the Dance studio. There is a large waiting area outside. Each room has air conditioning and has under floor heating.

Children will take water bottles in with them and shoes / bags if they wish.

For the main hall please note we have a separate entrance and exit to manage class change overs.

# Term Dates

**2023 - 2024**

## **Winter Term**

**11th September - 15th December**  
**(Half term 23rd - 29th Oct)**

## **Spring Term**

**9th January - 29th March**  
**(Half term 19th - 25th Feb)**

## **Summer Term**

**15th April - 12th July**  
**( Half term 27th may - 2nd June)**

# CLASS TIMETABLE

## TUESDAYS

NEW GREEN CENTRE  
IP31 3TG

4pm - 4:30pm  
Circus Tots  
(3½ - 6yrs)

4:30pm - 5:30pm  
Circus  
(6-8yrs / 8 - 12yrs)

5:30pm - 6:30pm  
Circus  
(8 - 12yrs / 13 - 16yrs )

6:30pm - 8pm  
Acro Dance  
(8 - 12yrs / 13 - 16yrs )

8pm - 9pm  
Adult Aerial Hoop  
(17+)



# CLASS TIMETABLE

## WEDNESDAYS

THE NEW BURY COMMUNITY CENTRE  
IP32 6TD

### MAIN HALL

4pm - 5pm  
Mixed Aerial Minis  
(6-8yrs)

5pm - 6pm  
Mixed Aerial Juniors  
(8yrs +)

6pm - 7pm  
Aerial Slings  
(8 yrs +)

7pm - 8pm  
Aerial Silks  
(10 yrs+)

8pm - 9pm  
Adult Aerial Silks  
(17+)

### MAIN HALL

4pm - 5pm  
Acrobatic Minis  
(6-8yrs)

5pm - 6pm  
Acrobatic Minis  
(6-8yrs)

6pm - 7pm  
Acrobatics Juniors  
(8 -12yrs / 13-16yrs)

7pm - 8pm  
Ground Based Circus  
(8 yrs+)

### DANCE STUDIO

4:15pm - 5pm  
Acro Tots  
(3½-6yrs)

5pm - 6pm  
Acro Dance Minis  
(6-8yrs)

6pm - 7pm  
Acro Dance Juniors  
(8-12yrs)

# CLASS TIMETABLE

## THURSDAYS

THE NEW BURY COMMUNITY CENTRE  
IP32 6TD

### MAIN HALL

9:30am - 10:15am  
Parent & Circus Tots  
(2½-4½yrs)

10:30am - 11:30am  
Home Ed Acrobatics  
(7 - 16yrs)

4pm - 5pm  
Circus  
(6-8yrs / 8 - 12yrs)

5pm - 6pm  
Circus  
(6-8yrs / 8 - 12yrs)

6pm - 7pm  
Aerial Hoop Beginners/improvers  
(8 yrs+)

6pm - 7pm  
Acrobatics  
(8-12yrs / 13-16yrs)

7pm - 8pm  
Aerial Hoop Intermediate/Advanced  
(10 yrs+)

7pm - 8pm  
Acrobatics  
(8-12yrs / 13-16yrs)

# CLASS TIMETABLE

## FRIDAYS

NEW GREEN CENTRE  
IP31 3TG

4pm - 5pm  
Acro Dance Minis  
(6yrs - 8yrs)

5pm - 6pm  
Circus  
(6 -8yrs / 8 -12yrs)

6pm - 7:30pm  
Circus Squad (Invite only)

All classes can be booked online at:  
[www.academyofmovement.co.uk](http://www.academyofmovement.co.uk)



# FINANCIALS

## Subscriptions / Monthly Payment

- Payment for classes is facilitated through a subscription model, where monthly payments are automatically deducted from your registered credit or debit card upon enrollment. This monthly payment structure is designed to offer convenience and affordability by spreading term fees into smaller, manageable monthly instalments.
- All subscription payments are charged on the 1st of each month. In the event of a failed payment on the 1st, two additional attempts will be made on the 4th and the 9th of the month. You will receive email notifications for each unsuccessful payment. Any payments not received after the third attempt will result in a £5 late payment fee.
- Subscriptions are not processed as direct debits but are linked to your card. It is your responsibility to keep your card details up-to-date within your classforkids account. To cancel your subscription, please contact us. This procedure ensures compliance with the terms and conditions outlined.
- We do not currently charge a membership fee.
- To see the classes / camps you / your child are booked on to you can access this via your 'Class For Kids' account.



**To log into your Class For Kids account go to:**

**[www.class4kids.co.uk](http://www.class4kids.co.uk)**

**Or click here**



# FINANCIALS

The below financial change will take place from Jan 2023

## Subscriptions / Monthly Payment

### FAQs for parents

#### What if my child no longer wants to attend?

The cancellation period for leaving a class is one months notice. Please email us with one months notice and we will amend your subscription to reflect the classes attended.

#### Can I still pay in a different way?

After much research we have come to the decision that monthly payment is the most convenient and affordable way to take payments for all parents. Streamlining our payment options allows us to keep our admin to a minimum, and focus on teaching and continually improving our classes and experience for students.

#### Will this be for all classes?

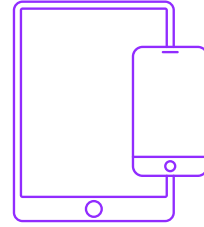
The only classes this change will not apply too are the 'one off' camps/workshops and the below:

- Parent & Circus Tots (12 week programme)

#### How do you work out my monthly cost as you only run in school term times?

We work out the monthly fee by multiplying the class cost by a 37 week term and then dividing it into 12 monthly payments, we will then round up to the nearest pound.

# Learning at home / Apps

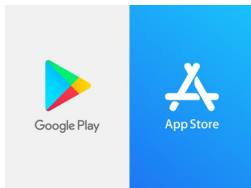


## My Acro App

Acro Dance classes only



Available to download at:



My Acro App gives students access to the level they are working on in class. Students will be able to view the example skill and practice steps to achieve this. They will also be able to video themselves and have a side by side comparison next to the example skills. Once a term we will ask the students to bring in their devices and show a video of the chosen skill they have been working on to be marked on the app, giving continuous and valuable feedback for them to continue progressing.

To set up:

- Download 'My Acro App' onto your device
- To unlock the student level please see one of our teachers in class and they can unlock this for you

## Our own App!

All classes



*Currently in development*

# UNIFORM

## ACADEMY OF MOVEMENT

We would love to see everyone in our uniform, we believe that wearing our uniform will make you / your child feel part of Academy Of Movement community. Uniform gives a sense of purpose and belonging.

We have teamed up with uniform provider 'Rock The Dragon'. Simply visit the 'shop' page on our website and you can find a link to the full range. Orders will be sent directly to your door.

Circus - T-shirt or vest. Leggings / tight tracksuit bottoms, shorts are accepted but please note that they will not protect your legs when on the aerial equipment. Leotard / unitard / catsuit are also recommended.

Acro Dance - Leotard, crop top or tight vest. Dance shorts, tights or leggings. Unitard / catsuit options available. NO baggy clothing.

Aerial - Leotard, crop top or tight vest. Leggings / unitard / catsuit options available. NO baggy clothing.

Acrobatics - Leotard, tight sports t-shirt / vest. Shorts or leggings. NO baggy clothing.

Squad Classes - Leotard / unitard / catsuit, tight sports vest or crop tops with leggings.

*Click button below to see our uniform :*



# UNIFORM

## BLUE OR PURPLE YOU DECIDE!



Onesies



Varsity  
Jackets



Catsuits



T-shirts



Shorts



Leotards



Training  
Tops



Leggings &  
Tracksuit bottoms

Buy here :

**ROCK THE DRAGON**  
[ EST 2005 ]

**SHOP NOW**



# OTHER ITEMS

We sell grip socks on our website as well as draw string bags and the below Circus Equipment. This is collected in class once your order is placed



Before your uniform arrives please wear:

- Tight fitting clothing only, this is essential in the aerial and acro classes as loose fitting clothing can become tangled around the equipment, distract students when upside down and cause accidents.
- Hair should be neatly tied up, its essential in acro for it to be in either a low bun or plait. Aerial and acrobatics to be off the face in either of the above mentioned or a tight ponytail.
- No jewellery to be worn in class
- Please have bare feet or grippy socks (trampoline socks)
- For Circus classes always bring trainers, these are needed for certain equipment
- Additionally please avoid clothes with zips, or any sharp objects as these can not only damage the equipment, but also be painful for the student

# YEAR PLAN

## OCTOBER

### WATCHING WEEK

Parents / Guardians will be invited into classes to watch and see the skills the children have been working on. We also encourage you and your child(ren) to watch other classes throughout the week to see what happens in classes you may be unfamiliar with / want to try in the future.

## OCTOBER (HALF TERM)

### HALLOWEEN WORKSHOP

Our action packed Halloween workshop will typically be on Halloween weekend or October half term. This is a fun filled day / multiple days of Halloween themed workshops.

## DECEMBER (CHRISTMAS HOLIDAYS)

### CHRISTMAS WORKSHOP

Christmas workshops will usually be the last weekend before Christmas or during the Christmas holidays, full of magical Christmas fun. Learning and improving skills, playing games and enjoying all the festivities our Christmas workshops bring.

## APRIL (EASTER HOLIDAYS)

### EASTER CAMP

A workshop offering all the usual circus favourites. Learn new skills, play easter themed games and much more! This will usually be a 4 day workshop and will include a video of the children's performance on the last day.

## JUNE/JULY

### PHOTOSHOOT

After 2022's successful photoshoot we would like to introduce this into our year plan. Our annual photoshoot will typically be around showtime and will include costumes from our show.

# YEAR PLAN

## JULY SHOW

Our annual show will be just before we break up for the summer, giving all students a chance to show what they have been working on throughout the year!

We will always try to get 'save the dates' out for this as soon as possible as we would like all members to be involved.

## JULY / AUGUST (SUMMER HOLIDAYS) SUMMER CAMPS / WORKSHOPS

During the 6 weeks holidays we aim to put on one or two weeks worth of camps. Each camp typically lasts for 5 days, culminating with a performance at the end of the week. This will either be a filmed performance, or have family invited in on the last afternoon to watch.

## AUGUST AOM BIRTHDAY

Exactly how we celebrate each year may be different but we would like to start celebrating each year with our incredible members.

'You will never forget your Childs first time on stage...and neither will they'



# Rules

- ★ **Do be gentle** | Do not hurt anyone
- ★ **Do be kind and helpful** | Do not hurt peoples feelings
- ★ **Do work hard** | Do not waste yours and other peoples time
- ★ **Do look after property** | Do not waste or damage things
- ★ **Do listen to people** | Do not interrupt
- ★ **Do be honest** | Do not cover up the truth

Children are expected to behave sensibly and safely during all our activities.

Any child who is unable to do so will be removed from the activity for both the safety of themselves and the other children participating.

# THE TRAFFIC LIGHT SYSTEM

## Green Warning:

Student is told they have been put on a green warning because their behaviour has led to this. Ben/Jamie will use examples and not be vague about the reasons for this action. Parents/Carers will also be told.

## Orange Warning:

Student is told why their warning has been advanced by Ben/Jamie with an example. Parents/Carers will also be told in writing.

## Red Warning:

Student is told why their warning has been advanced by Ben/Jamie with an example. It is made clear that this is the student's final chance. Parents/Carers will also be told in person and in writing.

If a student continues to misbehave, they will be asked to leave AOM

Please note that if a student does something that we deem unacceptable behaviour, they will put straight onto a red warning



# YOUNG LEADERS

At AOM we want to invite as many young leaders as possible to get involved in teaching our members...who knows it could kick start a career in teaching

## HOW TO APPLY



If you / your child is above the age of 13, a current member with us and would like to apply to be part of our young leader scheme then please speak to either Jamie or Ben in class or send an email to [info@academyofmovement.co.uk](mailto:info@academyofmovement.co.uk).

## YOUR ROLE



As a young leader you will be helping educate children younger than you within our classes, you will work alongside our lead coaches and learn to manage a class, take warm ups, assist other coaches, create side stations and even learn hands on support.

We will offer training days twice a year to keep our young leaders up to date with knowledge and practice.

## PAY



The young leader role will be voluntar, however If we have a position available, from the age of 14 you can apply to become an 'assistant coach'. This is a paid role and a fantastic, fun part time job. The role will involve assisting the lead coaching of Academy Of Movement to run classes, workshops and shows.



# OUR TEAM

## JAMIE

### FOUNDER / DIRECTOR / PRINCIPAL

Jamie has performed all over the world specialising in Dance and Circus. From the age of just 11 she was awarded a scholarship to a prestigious full time theatre school in London, before going on to train at The Centre Of Performing Arts College, where she gained her teaching qualifications and diploma in dance. With over 15 years of experience within the performing arts industry, her dedication and love for the arts has led her to create unique and captivating classes helping to bring people together in a fun and happy environment thus Academy Of Movement in Bury St Edmunds was born.



## BEN

### FOUNDER / DIRECTOR / HEAD COACH

Ben has been involved in gymnastics from a young age, the highlight of his gymnastics career was being selected to represent Great Britain. Whilst competing Ben gained a degree in Sports Coaching (BSc).

Since leaving Gymnastics Ben has worked in the Circus industry, performing in incredible show and at iconic venues such as London 2012 Olympics Ceremonies, Londons West End, Cirque Du Soleil and all over the world, he even holds a Guinness World record for the most consecutive back somersaults.





## STEF

### COACH, SPECIALISING IN DANCE, CIRCUS & AERIAL SILKS

Stef originally trained as a dancer graduating with a first class degree in contemporary dance but when she discovered aerial arts she found her real passion. Stef has worked as a professional aerialist for the best part of a decade performing in some of the biggest traditional circuses in Europe and in the West End London, specialising in aerial silks and her own unique aerial umbrella act. After the pandemic Stef decided to hang up her costume and return to dance and recently qualified as a Royal Academy of Dance teacher and gained her PGCE qualification. When she saw Academy of Movement were looking for a new aerial instructor she jumped at the chance to combine her passion for circus with her new love of teaching!



## MEGAN

### COACH, SPECIALISING IN DANCE & ACRO

Megan began her professional training at Evolution Foundation College and then onto Wilkes Academy of Performing Arts with a scholarship. Megan is trained in dance, acrobatics, singing and acting. Megan has experience performing professionally on stage and television, some of these include Sky 1's The Big Movie Sing Along and Snow White at The Ipswich Regent. Megan is a certified Acrobatic Arts teacher, holds a diploma in performing arts along with several certificates including, supporting individuals with autism, inclusive activity coaching and mental health for sports and physical activity .



## DAN

### COVER TEACHER, SPECIALISING IN ACROBATICS

Dan is an all round movement and performing arts master. Not only is Dan an astounding acrobatic performer and cheer leader but he is also a creative dancer, singer and song writer. It is this type of creativity that we admire and why Dan is such a fantastic cover teacher for many of our classes.

# ACADEMY OF MOVEMENT

## TERMS AND CONDITIONS 2023

**Effective Date: [Jan 2023]**

**Last Updated: [Sep 2023]**

- Payments & Enrollment
- 1.1. Membership: When you enrol in Academy Of Movement (AOM) classes, you become a member of AOM and are considered an ongoing participant unless otherwise specified by AOM or by giving one month's notice in writing to AOM.
- 1.2. Payment Method: Payment for classes is facilitated through a subscription model, where monthly payments are automatically deducted from your registered credit or debit card upon enrollment. This monthly payment structure is designed to offer convenience and affordability by spreading term fees into smaller, manageable monthly instalments.
- 1.3. Billing Date: All subscription payments are charged on the 1st of each month. In the event of a failed payment on the 1st, two additional attempts will be made on the 4th and the 9th of the month. You will receive email notifications for each unsuccessful payment.
- 1.4. Payment Card: Subscriptions are not processed as direct debits but are linked to your card. It is your responsibility to keep your card details up-to-date within your classforkids account. To cancel your subscription, please contact us. This procedure ensures compliance with the terms and conditions outlined herein.
- 1.5. Late Payment Charge: Subscriptions that fail after three consecutive attempts will incur a £5 late payment charge, which will be added to your next subscription as a covering payment.
- 1.6. Refunds: All class bookings are non-refundable, regardless of whether classes are missed due to illness, holidays, or other circumstances.
- Class Trials & Waiting List
- 2.1. Trial Classes: Following your first trial class, you will receive an email containing detailed information in our class handbook. After completing your second trial class, if you choose to continue, you will receive an invitation to set up monthly subscription payments.
- 2.2. Waiting List: Students on the waiting list will be contacted in the order of their placement. If we receive no response within 48 hours, a phone call will be made, allowing an additional 24-hour window to respond before the place is offered to the next student on the waiting list.
- Workshop and Camp Terms
- 3.1. Payments: Workshop and camp payments are taken at time of booking to secure your space.
- 3.2. Refunds: Payment for workshops and camps bookings are non-refundable, regardless of whether camps are missed due to illness, holidays, or other circumstances.
- Note that payment terms may vary when early bird discounts are applicable.

- General
- 4.1. Personal Belongings: Academy Of Movement accepts no responsibility for the loss or damage of personal belongings while on the premises.
- 4.2. Liability: Academy Of Movement assumes no liability for injuries sustained during class participation or while on the premises.
- 4.3. Uniform and Jewellery: Students must wear the prescribed uniform and keep their hair tied back during class. Jewellery is not allowed.
- 4.4. Full Participation: Students are expected to actively engage and work to their full potential during class.
- 4.5. Information Updates: Any changes to the information provided at the time of booking should be promptly communicated to Academy Of Movement.
- 4.6. Class Rules: Chewing gum is not permitted in class, and only water is allowed in the hall. Disruptive, bullying, or offensive language will not be tolerated. Student rules can be found in the class handbook.
  
- Attendance
- 5.1. Prompt Arrival: Children must arrive on time for classes and be collected promptly. Latecomers may have to wait outside until an appropriate time to join the class. Arrivals after 15 minutes may be denied admission.
- 5.2. Commitment to Classes: Students are expected to commit fully to all classes, and repeated absences are not tolerated. Class sizes are limited, and waiting lists are common. Students missing more than three classes in a term without prior notice may be removed from the class.
  
- Illness/Injury
- 6.1. Health Condition: Parents must not allow their child to attend Academy Of Movement if they are unwell or have an injury preventing full participation, including contagious illnesses such as Chicken Pox, Head Lice, Common Cold, Flu, or COVID-19 symptoms, following government advice.
  
- Other
- 7.1. Course Cancellations: In rare cases where circumstances beyond Academy Of Movement's control necessitate course cancellations, customers will be contacted. Options may include rescheduling or, in some cases of cancellation, a full refund.
- 7.2. Class Cancellations: AOM reserves the right to cancel a class if there are fewer than four participants. Efforts will be made to place students in alternative classes or offer pro-rata refunds when appropriate.
- Localised Lockdowns and Pandemics
- 8.1. Force Majeure: In situations where AOM cannot deliver classes due to force majeure or government directives, online classes via video conferencing software may be offered as a replacement. No refunds will be provided in such cases.

By enrolling in Academy Of Movement classes, you agree to abide by these terms and conditions. Academy Of Movement reserves the right to update these terms and conditions as necessary. Please check our website and or handbook for the most current version. For any enquiries or to cancel your subscription, please contact us.

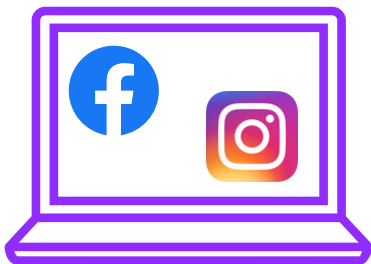
# WE ARE HERE IF YOU NEED US

If you ever have a question or concern then we're here. We understand that during class time it can be hard to talk to us, so please contact us on any of the below between the hours of **9am - 3pm, Mon - Fri.**



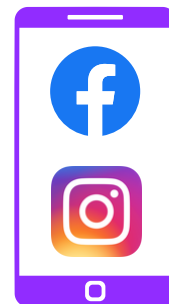
**EMAIL** *\*OUR PREFERED CONTACT METHOD\**

Email Jamie or Ben at:  
[info@academyofmovement.co.uk](mailto:info@academyofmovement.co.uk)



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**07934954741**

